

March 30, 2022

To: UC San Diego Health Nurse Externship Program

To Whom It May Concern:

It is my pleasure to enthusiastically recommend Sarah Kaiser for the UCSD Nurse Externship program. As Sarah's clinical preceptor at Sulpizio Cardiovascular Center 3B, I've seen firsthand Sarah's eagerness to learn, rapport with patients, and her caring nature.

I can tell that Sarah wants to push herself to learn more. One clear example comes to mind. Sarah had never placed an NG tube before arriving on our unit, but she stayed late on her clinical day so she would have the opportunity to place it. She walked through the procedure verbally with her clinical instructor and me in advance, and made sure she knew what to do. It was somewhat challenging, due to the patient's resistance to the procedure, but Sarah did a great job and made sure the task was done safely while still showing empathy and kindness towards the patient.

During our time together, I saw Sarah's passion for taking care of high acuity patients and her fascination with understanding the nursing care and interventions associated with the cardiac and cardiopulmonary conditions we so often see here on 3B. Sarah is already ACLS and BLS certified, and has also expressed an interest in pursuing her PCCN certification.

It was clear to me that Sarah has worked as a CNA before, because she was comfortable talking with patients and anticipated their needs. She knows that nursing involves teamwork, and values the importance of communication up and down the chain of command. Whenever Sarah was uncertain about something or had concerns about a patient's condition, she made sure to communicate with me or someone else. Her focus is on keeping patients safe, and I saw that in the actions she took.

I am confident without reservation that Sarah would be an excellent fit as a nurse extern at UCSD, especially here at SCVC 3B. I would be honored to work alongside her and see her continue to grow in the nursing profession.

Respectfully,



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